



Seapoint Clinic



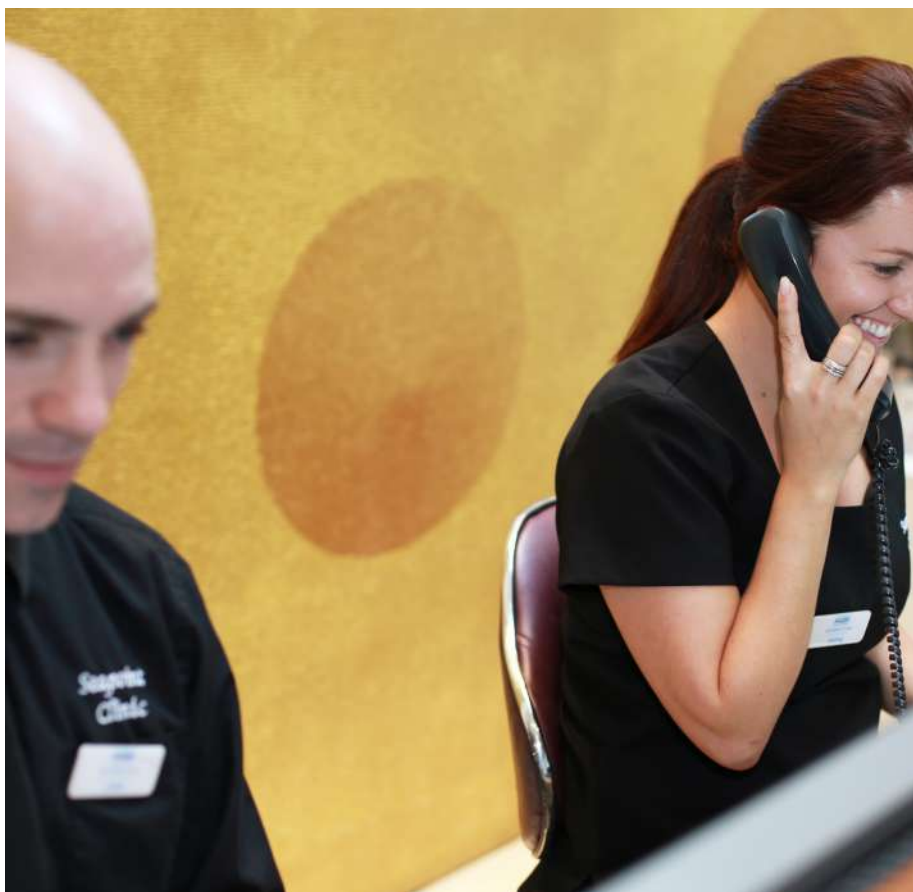


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Who We Are

“**Seapoint Clinic is Ireland’s leading cosmetic and implant dental clinic and has been designed to give you the best possible dental experience.**”

Why We Are Different

As many of us know all too well, going to the dentist can harbour childhood memories of discomfort. However, like many things, technology has allowed us to advance to where people can have life changing dental work within a single day, with little to no discomfort. At Seapoint Clinic, our dedicated team of professionals’ stride to ensure that patients of all ages and backgrounds can once again smile...and it begins at our door.

Our Promise

Seapoint Clinic prides itself on being the premier 5-star dental clinic of Ireland, serving people from all corners of the country and beyond. Our world class care and highly skilled team mean that all dental procedures can take place under one roof, meaning you won’t have to take any long and unnecessary journeys.

Our Team

At Seapoint Clinic we boast an ever-increasing number of highly trained professionals, with their commitment to further continuing their education, ensures you the finest quality of care available in Ireland. Several of our team of trusted dentists have regularly featured on TV, radio and nationwide newspapers, often lecturing in front of the international leading bodies of the industry.

A blurred background of a dental laboratory. On the right, a dental microscope is visible, with a blue dental model of a jaw mounted on a white block. The entire image has a teal overlay.

“

Thanks to our

ONSITE LAB,

custom restoration treatments

can be completed

QUICKLY & EFFICIENTLY.

”

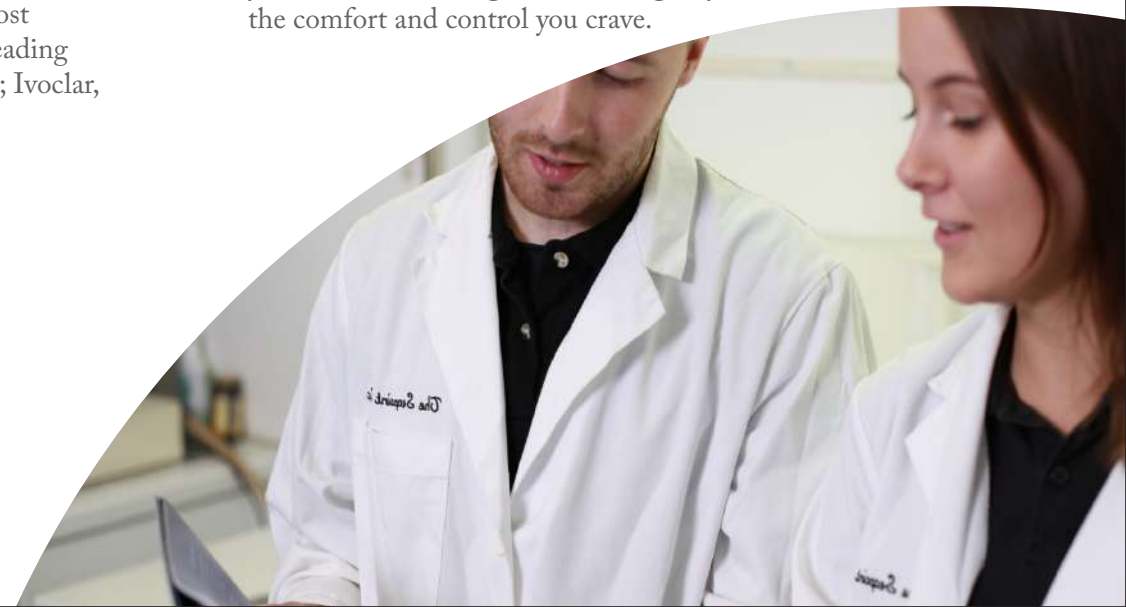
In-House Lab

Our In-House Lab

All our technicians are Irish, UK or American trained, with the majority qualifying from Trinity College, Dublin. Our rigorous advanced training in ceramics and in CAD/CAM technology means our technicians are sent overseas in the USA, Germany and the UK to ensure only the highest quality of dental work is provided at Seapoint Clinic. Our combined team of 40, including 7 fully trained dental and clinical technicians, means decades worth of knowledge can be found behind our doors. Furthermore, we do not believe in cost-cutting measures, recognising that quality must last a long time as well as be worth the investment. At Seapoint Clinic, we use the strongest and most beautiful ceramics available from leading European manufacturers including; Ivoclar, Dentsply and Sirona.

Our Desire to Craft the Perfect Smile

With advancements in technology, you can finally see what your ideal smile could look like, thanks to the Seapoint Clinic's dental team. Incredibly, our team can show you a vision of the final result before we even begin. With every smile different, we believe in approaching each patient as such and enhancing a possible faded smile into their most stunning feature. Harnessing cutting-edge photography, we can design your smile into what suits you best. Knowing exactly what your smile was like beforehand is essential for you and your dentist, enabling our team to give you the comfort and control you crave.





Dr. Vaidas Varinauskas PhD

Specialist Oral Surgeon
Doctorate Dental Science
Oral Surgery & Oral Medicine PhD



Dr. Sarah Flannery

Cosmetic Dentist, Advanced
Aesthetics, Implant Dentist
B.A., B. Dent. Sc, Honours, Trinity
College Dublin
Masters Student, Aesthetic Dentistry,
King's College, London



Dr. Michael Koukoulis

Implant Dentist
B.Dent.S (Hons) Glasgow,
Pg.Cert Implant Dentistry Warwick



Dr. Thomas Linehan

B. Dent. Sc. (Hons) T.C.D.
Dip. Implant Dent. (U.War.) Practice
limited to Dental Implants.



Dr. Jim Griffin M.Sc.

Specialist Orthodontist
Masters in Orthodontics M.Sc.,
Portland, Oregon, B.Dent.Sc.,
Dentistry
Ex. Sec Irish American Assoc of
Graduate Dental Specialists



Dr. Marie Caroline Berthelin

Special Interest in Endodontics
DDS Honours P.G.C. Endo



Dr. Sonia Garcia B.Sc.

Cosmetic Dentist
Masters Student (Orthodontics)
B.D.S Honours. Granada



Dr. Roumaissa Slami

General Dentist
B.D.S. Trinity College Dublin



Dr. Cristina Roldan M.Sc.

Specialist Implant Dentist
M.Sc. Masters Degree Oral Surgery
PG Periodontics and Implants



Dr. Nerijus Zilius M.Sc.

Prosthetic Dentist
Masters Degree Dental Science
Lithuanian University of Health Sciences



Dr. Tomas Henriksen M.Sc.

Specialist Periodontist and Implant Dentist
M. Sc in Periodontics, U.Vil



Dr. Roxana Calin

General Dentist
University of Medicine and Pharmacy,
Craiova
Prosthodontics Postgraduate Programme,
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Dr. Rachel O Donoghue

General & Family Dentist
B.D.S. UCC



Dr. Colin Maher

University College Cork
Certificate in Cosmetic Dentistry , Harley
Street London



Ms. Rachael Byrne

Orthodontic Assistant



Ms. Alanna Fitzpatrick

Dental Hygienist (Bachelors)
R.D.H.
University College Cork



Ms. Mollie Whelan

Dental Hygienist (Bachelors)
R.D.H.
University College Cork



Ms. Joana Narciso

Dental Hygienist (Bachelors)
R.D.H.
University College Cork

Meet the Team

“All the staff are lovely
and friendly which makes
going to the dentist that
little bit easier.

-Elish Gibbons

”

Meet The Team

At Seapoint Clinic, you will find the highest standards of dental care all under one roof. As industry leaders, you can benefit from a team of the top dental professionals available in Ireland. Their commitment to continuing education ensures you get access to the finest care available.



“

Initially I was worried it would look a little bit fake, or that it would be painful. But the entire process has been so simple and there was no pain involved.

*-Caroline Duffy
Dental Implants*

”



“

I've been treated exceptionally well by all the staff. I couldn't recommend them enough.

*-Neil Bowman
Dental Implants*

”

Trusted for a generation, dental implants provide a safe and comfortable solution for the problem of failing teeth. Whether you have lost all your teeth, a few of them, or even just one tooth, dental implants are the ideal solution for you.

Tooth Implants

Dental implants, or tooth implants, are usually the best way to replace your missing teeth. You can rest assured as they have now been trusted for a generation to provide a safe and comfortable solution for the problem of failing teeth. Thousands of people, just like you, have benefited from the comfort that dental implants can bring.

If you need a single tooth or multiple teeth replaced, or want more secure dentures, there is simply no better way. You benefit when you come to Seapoint Clinic because our dentists focus on dental implants and have placed.

Dental Implants

What Is a Dental Implant?

Dental implants are man-made roots that are gently placed where your tooth used to be. There is usually no better way to replace a failed tooth. This new root can be used as an anchor for a new tooth/teeth or to support a denture. That can mean getting rid of your loose uncomfortable denture forever or closing an irritating and unsightly gap. They have been used successfully for over 40 years and today's implants are the closest thing to a real tooth that you'll find.





“

I nearly fall asleep when having treatment. It's a very relaxing experience, I love visiting the dentist now!-

Eveline McCabe
Click-tite Dentures

”



Click Tite

“ It was so much more comfortable then when I just had dentures

-Anne,
Click Tite Dentures

”

Everyone deserves to have beautiful and secure teeth. Exclusive to Seapoint Clinic in Dublin, the Click-tite™ system gives you secure dentures, allowing you the freedom to bite, chew, and talk with confidence and with a reliable set of secure teeth

Your specially-made dentures are anchored onto a number of dental implants (typically four) and clicks into place. Your Click-tite™ dentures will remain securely in your mouth but can easily be removed for cleaning, etc.

If you have some teeth left which require extraction and are considering a denture, now is the perfect time to get Click-tite™ dentures. Your implants can be placed at the time of extraction, resulting in a shorter procedure time and faster turnaround time for your final dentures.

Typically, we can make and fit the final

dentures just two months after the Click-tite™ implants have been placed. Don't worry, you will not be left without teeth at any time throughout the healing process! Click-tite™ dentures will also maintain your jaw bone around the implants, ensuring you will continue to enjoy a strong jaw bone and dental security. They also reduce negative facial profile changes that normally occur without implants.



“

I'm thrilled with the results. The team here are always welcoming and they did an amazing job!

*James Quinn
Instant Veneers*

”



Before



After



Instant Veneers

“

Fantastic! I can't wait to show my family my new smile, the cosmetic team here are amazing. I'll recommend them to everyone!

*-Kate Coffey
Instant Veneers*

”

Instant Veneers

Instant veneers or composite veneers are an excellent treatment option for so many people; it gives fantastic results without any damage whatsoever to your tooth beneath. Maintaining healthy, beautiful teeth is so much easier with this advanced non-invasive treatment option.

When you meet the dentist, she will assess your suitability for composite veneers and talk you through the process.

- First, they will carry out a full aesthetic assessment using high quality photographic and video-graphic analysis to allow her to design your perfect smile
- You may choose to do some teeth whitening prior to your composite veneers to ensure you are happy with a lovely bright smile
- Next, the dentist will expertly layer the composite veneers around your teeth to your desired shape, shade and contour. You will leave the clinic straight away with a beautiful smile, not numb; ready to enjoy your new smile!
- The dentist always offers a complimentary review visit for you to have a final polish for the best shine. This also allows you to request any minor tweaks you may wish after having lived with your new smile for a few days.

Instant veneers are less expensive than traditional porcelain veneers. Porcelain veneers are made in a dental laboratory, which means there is an added expense in designing and making the final veneers. Instant or composite are preformed in the dentists chair and are completed in one, quick visit.

Some patients may only need 2-4 composite veneers to transform their smile, others may need more. Our cosmetic dentists are experts in hand crafting composite veneers to suit the needs of every patient.





Veneers & Crowns

“

The treatment was so quick and easy The team at Seapoint Clinic are amazing at what they do and I'd highly recommend the clinic to everyone.

*-Sharon
Instant Veneers*

”



Imagine being able to completely transform the way you look and feel about yourself in just a few weeks. Imagine being able to take years off your appearance without undergoing major surgery. Imagine being able to make your teeth white and straight without ever having to wear braces. That's what veneers can do for you

Veneers

Dental veneers are a great way to dramatically and permanently improve the appearance, shape and colour of your teeth. They are usually used if you are looking to make significant changes to the colour, shape or position of your teeth. Veneers are made up of a very thin layer of tooth-coloured porcelain bonded over your own natural tooth to improve its aesthetics or to protect its damaged surface. Because we only use veneers handcrafted by technicians in Da Vinci Studios, California, Seapoint Clinic is the premier choice in Ireland when it comes to getting a natural, beautiful smile.

Here at Seapoint, we only use Da Vinci veneers are for those who are looking for the best results money can buy. These veneers are only made by Da Vinci in California by skilled cosmetic ceramic technicians. They combine science and art to produce beautiful life-like veneers. We have done veneers for many of Ireland's top celebrities including Georgia Salpa, Sarah Morrissey and Pippa O'Connor. These people who need to look good for their jobs and trust Seapoint Clinic to give them the best possible results.





**“ I just can’t stop
looking at them
in the mirror!
–Shannon,
Six Month Smiles
”**

An orthodontist can help straighten or move teeth, allowing us to improve the appearance of your teeth and how they work. By doing so, orthodontics can help to look after the long-term health of your teeth, gums and jaw.

Teen Orthodontics at Seapoint Clinic

On average, the most common time for orthodontic treatment is during your teenage years, especially between the age of 11-15. The reason being is that by age 11, the vast majority of people will already have most of their permanent teeth. It’s also easier to detect possible issues such as crooked teeth, bad bites or potential gaps at this young age.

Another benefit of teenage orthodontics is that your body is growing at a rapid pace, meaning an orthodontist has a better chance of taking advantage of these growth spurts in order to help improve your overall

Orthodontics

bite. Your increased metabolism during this age also means that treatment time is far shorter than what it is as an adult as well as decreasing any sensation of discomfort. We have a wide range of orthodontic treatment available to your teenager - including traditional braces, see-through braces and Invisalign.

Orthodontics Explained

Orthodontics focuses on the correction of teeth and jaws that are positioned improperly. Crooked teeth and teeth that do not fit together correctly are at higher risk of being lost early due to tooth decay, increased pressure on the jaw and periodontal disease. The benefits of orthodontic treatment mean that teeth are more likely to last a lifetime and make for a far healthier mouth.

“

I couldn't believe how quickly my teeth moved, the time just flew by! I wish I had done this sooner!

*Orna Tiernan
Invisalign*

”



Before

After



Invisalign

“

I'm delighted with the results, really happy! My whole experience here has been a really positive one. I have only good things to say about

*-Somaries
Invisalign*

”

Invisalign

The Almost Invisible Choice

Invisalign braces are particularly popular among our adult patients in the public eye who do not want the world to know they are wearing braces. It has opened up a world of beautiful teeth to many who never would have dreamt of wearing traditional braces...

Invisalign involves wearing a set of customised clear aligners. They allow you to brush as normal and to eat whatever you want during treatment. The average treatment time for this is about a year but can be faster where fewer movements are needed. It also works great for people who have previously worn braces as children and had some orthodontic relapse where the teeth drift back. With these clear aligners you can move the teeth back without anyone knowing.

Invisalign uses a series of clear aligners that are custom-moulded to fit you. The virtually invisible aligners gradually reposition your teeth into a smile you'll be proud of.

Invisible aligners are not suitable for every case and clear braces or 6 month braces are our most popular choice.





“

I'm delighted with
the results!

Emma Noone
Six Month Braces

”

Six Month Braces

“**I couldn't be happier with the results and the overall professionalism of Dr Myers and the clinic.**
- James Mc Cormack,
Six Month Braces”

Six Month Braces

Six month braces are the most popular braces at the Seapoint Clinic and we have more experience of this amazing treatment than any other dental practice. These braces usually involve treating the front teeth only and the goal is to give the patient a great natural looking smile.

We do not try to change the bite to any significant degree and the results we aim for are cosmetic only. If your goal is to change your bite or move a lot of the back teeth you may still need to get conventional braces which may take longer.

With Six Month Braces we are able to offer both see through braces and metal finish braces. The white braces are tooth coloured and while they do cost slightly more, they are very discreet. These braces are much more inconspicuous than the metal finish braces and often go unnoticed on the patient.

They are ideal for those who want their braces to be as discreet as possible.

Many patients who come in for Six Month Braces consultations have previously been told that their only option was to wear braces for two years or get veneers. Usually this is not the case, and the smile can be fixed in a reasonable period of time.





Teeth Whitening



Here at Seapoint Clinic, we have a dedicated Teeth Whitening Suite, allowing you to get a beautiful bright smile at a time that is convenient for you. Sit back and relax while the whitening gel and light get to work for you, as you watch a movie from our vast library. You won't find a more relaxing and pleasant way to get your teeth sparkling.

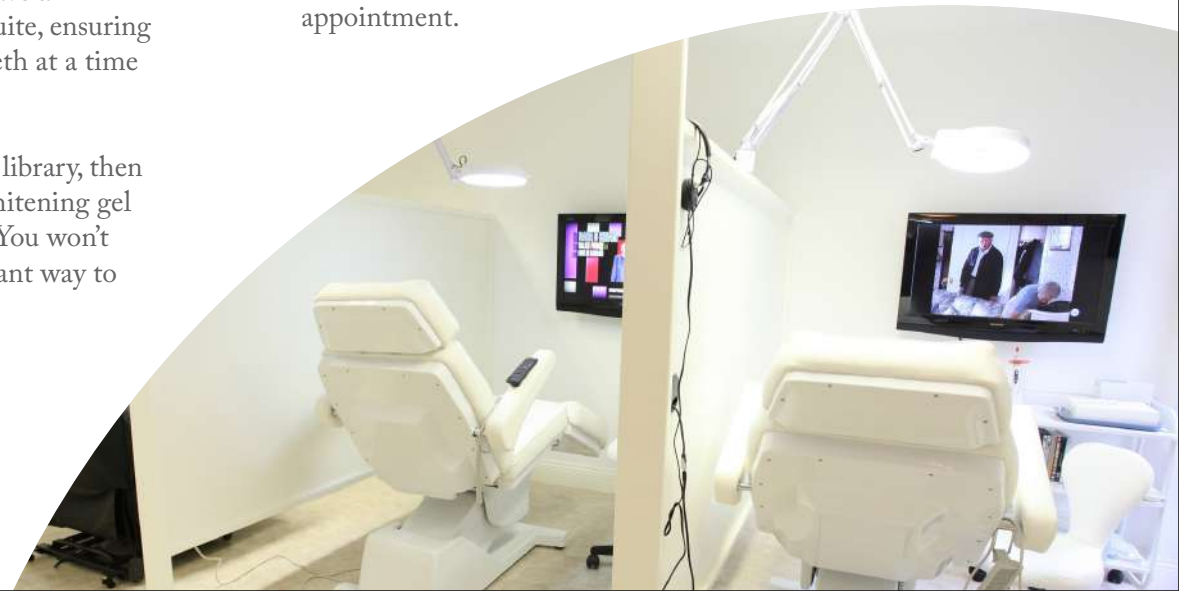
Professional Teeth Whitening
Seapoint's Deep Teeth Whitening is the fastest way to get your teeth as white as they can be. You may have seen the results firsthand on TV3's Ireland AM when we performed the whitening, live with dramatic results.

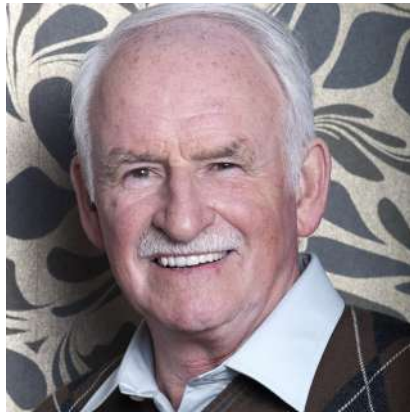
Here at Seapoint Clinic, we have a dedicated Teeth Whitening Suite, ensuring you can get beautiful white teeth at a time that is convenient for you.

Choose a film from our DVD library, then lie back and relax while the whitening gel and light get to work for you. You won't find a more relaxing and pleasant way to get your teeth sparkling.

Does teeth whitening hurt?

Seapoint's Deep Teeth Whitening is often performed for people who have sensitive teeth and cannot wear trays for home whitening. Some, but not all patients will experience sensitivity after whitening. Usually this will only occur towards the end of your whitening session when the benefits have been achieved. Some people may experience sensitivity in the hours after whitening, and using Sensodyne® toothpaste on your teeth can help alleviate this. Most people do not need any painkillers for this but if you are anxious at all about the procedure, you may consider taking some gentle painkillers before your appointment.





“

I'm really happy with the service and quality of service I received, and I'm very happy in myself now.

– Michael Flood, Dentures

”

If you have missing teeth, want to get rid of an uncomfortable denture or are just looking for a healthy new smile, it's nice to know as much as possible when the dentist presents you with the options. There are three main ways that your dentist can fill gaps in your smile or even give you a whole new set of teeth.

Dentures vs. Implants: The Pros and Cons Types of Denture

Dentures are either partial or full. That means they replace some of the teeth or all of the teeth in a jaw. Generally speaking, the more teeth missing the looser your denture will be. Often people find that when they lose a key tooth the denture suddenly becomes loose. Often this would be a strong tooth such as a canine or molar. When that happens it can make someone much more interested in permanent solutions such as dental implants.

Dentures are usually made from metal or acrylic/plastics. A metal denture will

Dentures

usually be stronger and so more suitable for heavy bites. They can have clasps on teeth to make them more secure. A plastic denture may be more flexible and so put less pressure on teeth. Some dentists refer to dentures as “gum strippers” as they can strip the gums off teeth from the movement between them and the teeth.

An important factor to consider when replacing teeth is the bone density and volume. When the bones in the jaw are stimulated, the resistance causes the bone to remain healthy and strong. When teeth fall out, this pressure is absent and the bone starts to become thinner and thinner.

Bone Density in your Jaw

An important factor to consider when replacing teeth is the bone density and volume. When the bones in the jaw are stimulated, the resistance causes the bone to remain healthy and strong. When teeth fall out, this pressure is absent and the bone starts to become thinner and thinner.

“

We pride

OURSELVES

on providing a

RELAXING & STRESS-FREE

environment for all
walks of life.

”

Nervous Patients

“
**I wish I had found out
about Seapoint Clinic
sooner; I would have
saved myself a lot of pain
and a lot of money.**
-Martina, Dental Implants
”

Here at Seapoint Clinic, we pride ourselves on providing a relaxing or stress-free environment for all walks of life and any age. For starters, Seapoint Clinic doesn't look nor feel like your average dentist... because it isn't!

Instead, we provide the very best dental experience in Europe in a recently refurbished boutique hotel surrounding. Situated in a lovely area, Seapoint Clinic is easily accessed via DART from the adjacent Seapoint station or by road. We thoroughly believe in what we do, providing 5 star dental treatment without cutting corners.

Dental phobia is nothing to be embarrassed about, which is why we're more than happy to help anyone overcome this difficult situation. We understand why people are nervous of the dentist and we make every effort to ensure your days of bad dental experiences and care are over.

If you have been misdiagnosed in the past and been advised to have unnecessary procedures, then it's only natural you feel unease at the prospect of a visit to the dentist. Here at Seapoint Clinic, offering you the very best treatment with minimum interference to the natural structure of your teeth. Our treatment works with what you have, ensuring your teeth are being supported and only interfered with when absolutely necessary. Our team of dentists, nurses, customer care executives and treatment coordinators work as a unit, meaning protocols and standards are firmly adhered to, with specialists setting the highest expectations for the judgments made by each practitioner.





“

I'm delighted with the results. Dr Myers was so professional and I can't believe how quick the whole treatment was.

-Eoin Feeney, Six Month Braces

”

Smile Gallery

At Seapoint Clinic, our highly skilled team carry out a huge number of smile makeovers for people from all over the country. We use the same care and attention for all our patients and tailor treatment plans to your individual needs.





How to find us

How to arrive at Seapoint Clinic

By DART

We are located a mere 50m away from Seapoint DART station, which is convenient for those traveling from other parts of Dublin.

By Car

The clinic is conveniently located just minutes from junction 15 on the M50 in Blackrock, Co. Dublin.

If travelling on the M50 from the south, simply take the N11 exit onto R827. From there follow the Temple Hill Road until you reach Newtown Avenue and turn right onto Seapoint Avenue, where you will find us located on the right side.

If traveling on the M50 from the north, simply take the N31 exit onto R113. Follow R113 until you reach Newtown

Avenue and turn right onto Seapoint Avenue, where you will find us located on the right side.

Parking

There is ample pay and display parking available on Seapoint Avenue and around the corner on Alma Road. This costs €1/ hour and it is possible to pay by text so no coins are necessary.

Seapoint Clinic
23 Seapoint Avenue, Blackrock, Co Dublin
01 284 2570
info@seapointclinic.ie

Clinic Opening Hours

Monday: 8:00 AM - 7:00 PM
Tuesday - Thursday: 8:00 AM - 7:00 PM
Friday: 8:00 AM - 5PM
Saturday: 8:00 AM - 2 PM

